

# Abortion Recovery Support

Equipping You with Information & Skills

**24 HR CareLine:** Talk/Text 614.721.2100

[www.AbortionRecoveryInfo.org](http://www.AbortionRecoveryInfo.org)

**Suicide Prevention Hotline:** 614.221.5445 or 1.800.273.8255

**Teen Crisis Hotline:** 614.294.3300

**SARNCO (Sexual Assault Response Network):** 614.267.7020

## PROFESSIONAL COUNSELORS

Referral	Address	Contact Info	Provider Name
<b>Charismata Counseling</b>	TeleHealth and 2670 N. Columbus St., Lancaster, OH 43130	740.415.7371 <a href="http://charismatacounseling.com">charismatacounseling.com</a> charistmatacounseling@gmail.com	Scherry Summers, MA, LPCC *Accepts all insurances and offers reduced fee based on income.
<b>Directions Counseling</b>	1480 Manning Pkwy., Ste B, Powell, OH 43065	614.888.9200 <a href="http://directionscounseling.com">directionscounseling.com</a> leslie@directionscounseling.com	Leslie Hansen, MA. LPCC-S
<b>Spirit of Peace</b>	TeleHealth and St. Elizabeth Ann Seton Parish 600 Hill Road N., Pickerington, Ohio 43147	614-442-7650 Ext. 10 <a href="http://spiritofpeaceclinicalcounseling.com">spiritofpeaceclinicalcounseling.com</a> jennifer@sopcc.org	Jennifer Shonk, LPCC-S, CCTP *Offers reduced fee based on Income
<b>Lumin Counseling</b>	145 W. Shrock Rd Columbus, OH 43081	<a href="http://www.lumin-therapy.com">www.lumin-therapy.com</a> <a href="mailto:stephen@lumin-therapy.com">stephen@lumin-therapy.com</a> 614-219-9564	Stephen Duraney, LPCC

### ABORTION RECOVERY (aR)

Free Support Groups are for individuals who have a shared abortion experience to connect with each other and discuss how they can Restore, Reclaim and Recover. Purpose is to provide a safe, confidential, nonjudgmental place for individuals to begin the process of healing after abortion.

Referral	Days & Times	Location	Contact Info
<b>Abortion Recovery (aR) In-Person Connection Meeting</b>	2nd Tuesday of each Month at 7:00pm	665 E. Dublin Granville Rd. Columbus, OH 43229	Toni Brubaker tonib@pdhc.org 614.721.2100 <a href="http://abortionrecoveryinfo.org">abortionrecoveryinfo.org</a>
<b>Abortion Recovery (aR) Online Connection Meeting</b>	3rd Wednesday of each month at 9:30am	Private, virtual Zoom meeting  Call number listed for more information	Toni Brubaker tonib@pdhc.org 614.721.2100 <a href="http://abortionrecoveryinfo.org">abortionrecoveryinfo.org</a>
<b>Abortion Recovery (aR) Online Connection Meeting</b>	3rd Monday of each month at 7:00pm	Private, virtual Zoom meeting  Call number listed for more information	Toni Brubaker tonib@pdhc.org 614.721.2100 <a href="http://abortionrecoveryinfo.org">abortionrecoveryinfo.org</a>

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Contact referrals directly to confirm services. PDHC assumes no responsibility regarding the quality of services provided by outside agencies. Inclusion does not imply endorsement or recommendation. Most counseling practices listed above will take insurance or participate in a sliding scale fee. Ask about payment arrangements when you call for an appointment.