

Goods & Other Practical Resources

View All Goods and Practical Resources



Food, Clothing, Childcare, & Other Family Needs

Referral	Address	Contact Info	Services
Family Empowerment Program	Family Empowerment Center at 665 E Dublin-Granville Rd., Ste. 110, Columbus, OH 43229; 4111 W Broad St., Columbus, OH 43220; and 1590 E Main St., Lancaster, OH 43130.	Text 614.644.4445 pdhcparents.org	Multiple Resources — A free program to support expecting and new parents up to baby's 1st birthday through in-person and online parenting classes and free baby items for participation.
Cap4Kids	See website for locations and schedules.	cap4kids.org	Multiple Resources — Locate a variety of resources for children and families in the Columbus area.
Findhelp	See website for locations and schedules.	findhelp.org	Multiple Resources — Search and connect to find support. Find financial assistance, food pantries, medical care, and other free or reduced cost help.
LSS 211 Central Ohio	See website for locations and schedules.	Call 211. Available 24/7. lssnetworkofhope.org/211centralohio	Community Resource Catalog — Enter your zip code to discover many Franklin County resources and locate services in your area.
Fairfield County 211	Visit fairfieldcounty211.org for service categories, links, and locations.	Call 211. Available 24/7. fairfieldcounty211.org	Community Resources — Find a variety of services. Fairfield 211 is strengthening access to services and enhancing community collaboration to connect people and available resources.
Columbus Public Health (CPH) Maternal-Child Health Cribs for Kids	240 Parsons Ave., Columbus, OH 43215	614.645.3111 — Ask for Crib for Kids columbus.gov/Government/Mayors-Office/Initiatives/CelebrateOne/Safe-Sleep	Cribs — Pack-N-Play portable crib for safe sleep (must take class to learn proper operation).
CPH Maternal-Child Health Car Seat Program	240 Parsons Ave., Columbus, OH 43215	614.645.7748 cphsystems.org/car-seats/	Car Seats — Car seat program that provides car seats at reduced cost. Must take safety class.

Please call providers for times, appointments, and services offered. PDHC assumes no responsibility regarding the quality of services provided by outside providers. Inclusion in this list does not imply endorsement or recommendation.
Revised September 2024.



Pregnancy Decision Health Centers

614.444.4411

PDHC.org

NeedHelp@PDHC.org

Continued →

Referral	Address	Contact Info	Services
Ohio Department of Job & Family Service	Drop off documents/request for contact forms at these Columbus, OH sites: 1055 Mt. Vernon Ave. 1721 Northland Park Ave. 314 N Wilson Rd.	Ohio Medicaid Hotline: 1.800.324.8680 Franklin County JFS: 1.844.640.6446, Opt. 2 benefits.ohio.gov	Multiple Resources — Apply for Medicaid, SNAP, cash assistance, PRC, Title XX childcare, and more.
CPH Maternal-Child Health Smoking Cessation Program	240 Parsons Ave., Columbus, OH 43215	614.645.2135 forms.babyandmetobaccofree.org/232677464330862?aid=001370000068nNQ	Education & Resources — Smoking cessation program with ongoing support first year after birth. Diaper incentives available.
CPH Maternal-Child Health Home Visiting Programs	240 Parsons Ave., Columbus, OH 43215	614.724.2229 Call to be connected to the program that best meets your needs.	Education & Resources — In-home education and support for a healthy pregnancy, mother, and baby.
Women Infant Children (WIC)	Multiple Locations	614.645.7280 odh.ohio.gov/know-our-programs/women-infants-children/resources/women-infants-children-description	Food — Nutritional food supplement program and infant formula. Breastfeeding classes and support.
Assistance with Medicaid: Southeast Health Care	Walk-in: 240 Parsons Ave. Columbus, OH 43215 (Interpretation Available)	614.645.6807 Call to find a close location, ask questions, or make appointment	Medicaid Assistance — In-person and by phone assistance with applications and connections to other community resources. Meet with a community worker and get the help you need including; housing bridge, employment, food, education, emergency shelter.
CPH Neighborhood Health Community Workers	Walk-in: 240 Parsons Ave. Columbus, OH 43215 or in various locations throughout the central Ohio such as public libraries, neighborhood pride centers, etc.	614.645.6807 Call to get location close to you, ask questions, or make appointment.	Community Resources — In-person and by phone assistance with applications and connections to other community resources. Meet with a community worker and get the help you need including; housing bridge, employment, food, education, emergency shelter.
Mid-Ohio Food Collective	See website for locations and schedules.	220.465.7376 and 614.317.9472 mofc.org/get-help/	Food — Offers in-person assistance or by phone with SNAP, CASH applications, and Lyft transportation for initial interview or meetings. Interpretive services available.
Winter Crisis Utility Assistance	Online with HEAP Ohio government program or by phone and by appointment with The Breathing Association	development.ohio.gov/individual/energy-assistance/winter-crisis-program breathingassociation.org/heap/winter-crisis-program	Housing — Assistance for eligible households that are experiencing disconnection, threat of disconnection of utilities, or need furnace repair help.
RENTFUL	N/A	rentful614.com	Housing — Website that offers different providers who can assist with rent, legal assistance for tenants, and more.
Fresh Trak	See website for locations.	freshtrak.com	Food — Locate food resources close to you, including hours and addresses.